

Eczema Package

The What

- The Eczema Package includes initial evaluation and 5 follow-up visits by Dr. Mel Hardy
- Typically over 2-3 months, patient dependent
- In-home visits with option for some virtual, depending on the severity/current symptoms
- Weekly check-in via text with option to move our next appointment up sooner if needed
- Detailed plan including lifestyle, labs, and medications
- Labs and medications would be billed through insurance
- The package can be paid for through an HSA/FSA account or credit card

The Why

- About 1 in 4 children has eczema at some point during their childhood.
- Kids with eczema have a higher risk of developing allergies and eczema, potentially due to the allergens that invade their skin more easily.
- Kids with eczema have a harder time sleeping due to itchiness and have a higher risk of skin infection from the open sore caused by scratching.
- It's not just about the steroids! That can be part of the treatment, but there is so much more to eczema treatment and management.
- I have a passion for serving kiddos who need help with eczema!
- Our kids deserve better - and they deserve to be treated promptly instead of having to wait weeks or months for an eczema evaluation.

The Result

- After working together for 2 weeks, I have no doubt my patients will have some identifiable improvement.
 - This depends on how quickly we can find triggers as well as how well the family is able to stick to the outlined plan. Staying on top of the skin care is key!
- After working together for the full 2-3 months package, we will have developed a maintenance plan as well as a flare plan, and your child will have clearer, less itchy skin!